

Healthcare Workers Embracing Nature

Forest Therapy Walk

Friday October 30th 2020

8 am to 10:30 am

Briar Bush Nature Center

1212 Edge Hill Road

Abington, Pa 19001

Guided by: Maggie Brown, MSN, RN, Certified Nature
and Forest Therapy Guide

Forest Therapy Walks are an opportunity to
return to our roots, embrace ancient wisdom and
renew therapeutic relationship with nature and
the more than human world.

RSVP at www.ForestTherapyForMe.com or text

Maggie at 215-962-7573

Suggested Donation \$20

